

Stundenplan: WU - Academy of Martial Arts



Tag	Mo	Dienstag		Mittwoch		Donnerstag		Freitag
Zeit								
09.00-10.00								
10.00-10.45				WU Baby Wushu (2-4J.)				
11.00-12.00								
12.00-13.00								
13.00-14.00								
14.00-15.00								
15.00-16.00								
16.00-17.00				WU Kids Wushu Schwert (Jian)				
17.00-18.00		WU Kids Wushu 5+ 17:00-17:50	WU Kids Wushu 6-9J. 17:00-17:50	WU Kids Wushu 4-6J. 17:00-17:50	WU Kids Wushu 6-9J. 17:00-17:50	WU Kids Wushu 4-6J. 17:00-17:50	WU Kids Wushu 6-9J. 17:15-18:05	WU Kids Wushu
18.00-19.00		WU Wushu		WU Wettkampfteam 18:00-19:00 Uhr Kids 18:00-20:30 Uhr Jugendl./Erw.				WU Wushu
19.00-20.00	WU Frauen-Boxen						WU Frauen-Boxen	
20.00 -21.00	WU Sanda Martial Arts Workout						WU Sanda Martial Arts Workout	

- Anfänger / Beginner
- Fortgeschrittene / Advanced
- Erwachsene inkl. auserwählte Kinder / Adults incl. selected kids